Client’s Name RN Case Monitor

RN Case Monitor’s Care Plan

Long Range Goals Maintain client in home environment with good personal hygiene and clean surroundings,

Provider will assist with ADL’s as needed while allowing client dignity and independence

Short Range Goals Place appropriate provider to best facilitate long-range goals

|  |  |  |  |
| --- | --- | --- | --- |
| DATE | RN CASE MANAGER’S ASSESMENT  PROBLEMS OR NEEDS OF INDIVIDUAL | APROACH OR ACTIONS | EXPECTED OUTCOME |
|  | ASSISTANCE WITH PERSONAL HYGIENE | 1. Assist or give following type baths: 2. Tub with mats in tub 3. Shower 4. Bed 5. Sink 6. Assist with foot care: 7. Soak feet & dry thoroughly 8. Observe skin for breakdown, redness, etc. 9. Maintain good skin condition: 10. Apply lotion or powder after the bath 11. Check for redness and skin breakdown |  |
| DATE | RN CASE MANAGER’S ASSESMENT  PROBLEMS OR NEEDS OF INDIVIDUAL | APPROACH OR ACTIONS | EXPECTED OUTCOMES |
|  | ASSISTANCE WITH PERSONAL CARE  ASSISTANCE WITH TOILETING | 1. Assist Grooming: 2. Comb hair daily 3. Shampoo hair- no chemical or heat 4. Clean nails- no cutting 5. Assist with oral hygiene: 6. Brush teeth 7. Clean dentures 8. Rinse mouth with mouth wash 9. Set up equipment 10. Assist in transferring to commode chair & empty as needed. 11. Assist in with ambulation to bathroom. 12. Assist onto bedpan. 13. Empty Foley bag as needed. 14. Change diaper as needed. 15. Empty ostomy bag as needed 16. Empty urinal. 17. Assure client’s personal cleanliness. | 1. To maintain clean well-kept hair. 2. To prevent trapped food particles from causing halitosis and dental caries and to maintain cleanliness. 3. Client’s basic toileting needs will be met: Providing good hygiene. |
| DATE | RN CASE MANAGER’S ASSESMENT  PROBLEMS OR NEEDS OF INDIVIDUAL | APPROACH OR ACTIONS | EXPECTED OUTCOME |
|  | ASSISTANCE WITH MEAL PREPARATION  ASSISTANCE IN MAINTAINING CLEAN ENVIROMENT  \* ASSISTANCE IN MAINTAINING INFECTION FREE ENVIROMENT | 1. Special Diet 2. Prepare and serve foods that are allowed on client’s present diet. 3. Encourage client to participate in food selection from prescribed diet. 4. Encourage adequate fluid intake of 6-8 glasses per day. 5. Adhere to fluid restriction of \_\_\_\_ cc/ml per day. 6. Feed client 7. Cut food 8. Keep client’s living area clean and tidy, i.e. sink, cleaning of tub, shower after bath; clean dishes while preparing and serving meals, provide light housekeeping. 9. Change client’s bed linens regularly. 10. Wash client’s personal laundry. 11. Wash hands before and after direct care. 12. Wear gloves whenever having contact with the body or dealing with soiled clothing, laundry or body secretions | 1. Client will maintain adequate nutritional status 2. Client will have clean clothes and linens for use 3. Client’s personal area will remain clean and dry |
| DATE | RN CASE MANAGER’S ASSESMENT  PROBLEMS OR NEEDS OF INDIVIDUAL | APPROACH OR ACTIONS | EXPECTED OUTCOME |
|  | ASSISTANCE WITH DAILY CLOTHING CHANGES  ASSISTANCE IN MAINTANING CLEAN ENVIROMENT | Assistance will be given as needed.   1. Dressing client in clean clothing daily. 2. Assisting client to get dressed in clean clothes daily (snaps, hooks, buttons) 3. Lay out clothes for client and allowing client to dress self. 4. Assist at all times when transferring to bed, chair, commode, wheelchair. 5. Human assistance 6. Hoyer lift 7. Two person lift 8. Make sure brakes are on wheelchair prior to transferring 9. Physically assist client during ambulation 10. Encourage ambulation on a daily basis 11. Encourage use of cane or walker during ambulation | * To improve client’s self-image and state of mind. * Encourage being dressed in daytime clothes, rather than remaining in nightclothes.  1. Client will be less likely to injure self during transfer and ambulation 2. To promote independence while regaining optimal strength. |